

THE UNITED REPUBLIC OF TANZANIA



MINISTRY OF HEALTH, COMMUNITY DEVELOPMENT, GENDER, ELDERLY AND CHILDREN

GUIDELINES FOR MANDATORY QUARANTINE OF TRAVELLERS ENTERING THE COUNTRY THROUGH AIRPORTS, PORTS AND GROUND CROSSINGS

Version 1

Effective Date: 24<sup>th</sup> March 2020

1. Preliminary Requirements for Mandatory Quarantine

I. Quarantine team at Point of Entry (PoE):

- **Composition:** State Security, Police, Port Health, Airport /Border/Port Security, Customs and Immigration
- Appointed by head of the PoE (Airport Director, Port Manager, Lead Agency).
- **Responsibilities:**
  - Ensure a list of authorized hotels/hostels/lodges as obtained from the region and districts with their status and cost is available and displayed at the PoE
  - Supervise compliance to mandatory quarantine
  - Coordinate boarding of travellers to designated transport facilities at PoE
  - Designate a Parking location and waive the parking fees.
  - Label buses with their specific hotels' names and status.
  - Prepare Public Address (PA) system for communication with travellers.

II. Regional quarantine team

- **Composition:** RC, RAS, RSO, RPC, RIO, RMO, RHO, TPDF, Regional Social Welfare Officer and any Officer as deemed necessary by the RC
- **Responsibility**
  - Follow up and address challenges with regards to compliance to quarantine

### III. **Council quarantine team**

- **Composition:** DC, DED, DIO, DSO, OCD, TPDF, District Social Welfare Officer and any Officer as deemed necessary by DC
- **Responsibilities:**
  - Ensure that a list authorized hotels/hostels/lodges with their status and cost is available and displayed at PoE (these should be identified by local government authorities)
  - Criteria for selection of resident facility (Annex 1)
  - Designate special transport facilities and observe IPC at all times (using hotel transport facility or identified means of transport)
  - Appoint a team of Surveillance Officers based on the number of occupants in a hotel for follow up and keeping daily records.
  - Appoint a decontamination team (on standby)
  - Identify Hotel Staff and orient on IPC precautions for COVID-19
  - Assign security guards for each hotel/accommodation to ensure compliance to quarantine measures
  - Ensure that appointed hotels are temporarily prohibited to receive other customers apart from the assigned travellers from the date it start receiving the travellers.
  - Provide emergency numbers **199 and 0800110125** to travellers.
  - Ensure that the District IPC team regularly monitors IPC practices at designated hotels at all times.
  - Ensure availability of Infrared non-contact thermometer for follow up.

### 2. **Procedures at the Points of Entry**

- a. All travellers from most affected Countries with COVID 19 shall be quarantined at the first International Point of Entry (Annex 2)
- b. All travellers should dully fill-in the surveillance form, preferably while on board the vessel or a Traveller Register and submit to Port Health Officers
- c. Port Health Officers should scan the initial temperature and record to the surveillance form and take necessary actions for those displaying symptoms consistent to COVID-19.
- d. A traveller will be free to opt for their accommodation preferences based on the list provided.
- e. All travellers will be transported using designated transport modality to the designated hotels/accommodation, under Police escort.
- f. Travellers are allowed to monitor their temperatures using their own digital thermometers for self-daily temperature monitoring or be scanned by the authorities

### **3. Procedures at Hotels and Accommodation Facilities**

- a. Upon arrival, all travellers should sanitize their hands with either alcohol-based sanitizers or 0.05% chlorine solution.
- b. Hotel/accommodation Attendant who will be in gloved hands should register all travellers and assign them to self-contained rooms.
- c. Travellers should be educated to practice Infection Prevention and Control measures during the quarantine period.
- d. Food will be delivered at own cost by a dedicated caterer and placed at the door after knocking
- e. More directives will be provided for maintaining social distancing as dictated by circumstances.
- f. All travellers will be required to wash their belongings themselves during the 14 days follow up period.
- g. Outsiders will be prohibited from visiting the travellers throughout the quarantine period.
- h. Travellers in quarantine who develop symptoms will have appropriate samples taken for laboratory investigations

### **4. Discharge of Travellers**

- a. All travellers will be discharged after completion of 14 days of follow up counted from the day the traveller entered the country.
- b. They will be provided with official clearance forms which may be used to check-in in other hotels or further traveling (Annex 3)
- c. Rooms used by travellers after discharge should be decontaminated before admitting other travellers.

**Nb: These procedures will be modified in accordance with the evolution of the disease and as conditions dictate following the Travel Advisory Note No. 1 of 23<sup>rd</sup> March, 2020 issued by Minister for Health, Community Development, Gender, elder and children.**

  
**Dr Zainab A.S. Chauha**  
**PERMANENT SECRETARY**

**MINISTRY OF HEALTH, COMMUNITY DEVELOPMENT, GENDER, ELDERLY AND  
CHILDREN**

## **Annex 1. Selection Criteria for a Quarantine Facility**

1. Easily accessible by motor vehicles
2. Close to and with access to a designated Isolation Facility
3. Away from areas with big gatherings (Markets, Bus Stand etc)
4. With strong fence with exit and entry gates
5. Good condition and state of repair
6. Ready to arrange for transport for ferrying travellers from PoEs to the hotel/accommodation and vice versa.
7. With good beds, bedsheets, pillows and blankets (in warm weather)
8. Windows with mosquito screens
9. Provided with mosquito nets
10. Self-contained with reliable water supply
11. Functional Waste Water Management system (connected to a sewer or septic tanks)
12. Provided with solid waste collection containers and means for waste transportation and disposal
13. Provided with hand washing facilities (bucket with elbow spigot, foot or sensor operated at the reception)
14. Provided with necessary amenities such as TVs, internet services and intercom
15. Excellent hygiene standard, eg no evidence of insects.

**Annex 2. List of most affected Countries:**

Travelers from or with travel history to the following countries within the past 14 days will be subjected to the 14 days mandatory quarantine. The list is based on the presence of **active local transmission and new cases**.

Italy	Philippines	United Arab Emirates
Spain	Denmark	Sri Lanka
Germany	Finland	New Zealand
France	Iceland	Faroe Islands
Switzerland	Romania	Morocco
The United Kingdom	Russian Federation	Qatar
Iran (Islamic Republic)	Colombia	Bangladesh
Netherlands	Japan	Albania
Belgium	Bosnia and	Tunisia
Austria	Singapore	Monaco
Brazil	Hungary	Brunei Darussalam
Turkey	Lebanon	Cameroon
Portugal	Slovenia	Paraguay
Australia	Slovakia	Oman
Canada	Serbia††	occupied Palestinian
Luxembourg	Bulgaria	Viet Nam
Norway	Greece	Bolivia (Plurinational
Israel	South Africa	Ghana
Malaysia	Pakistan	Cambodia
Ecuador	Burkina Faso	Guam
Sweden	Argentina	United States of America
Saudi Arabia	Egypt	conveyance (Diamond Princess)
Poland	Armenia	Chile
Ireland	Estonia	San Marino
Republic of Korea	Bahrain	Panama
Czechia	Iraq	Costa Rica
Thailand	Ukraine	Algeria
India	Belarus	Dominican Republic
Peru	Senegal	Uzbekistan
China	Kuwait	Jamaica
Indonesia	Cyprus	French Guiana
Croatia	North Macedonia	Maldives

Form No.....

**MINISTRY OF HEALTH, COMMUNITY DEVELOPMENT, GENDER, ELDERLY AND  
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**CLEARANCE FORM FOR COVID-19 TRAVELLER UNDER QUARANTINE**

This is to certify that Mr/Mrs/Ms/Dr/Prof \_\_\_\_\_ who  
has been in Mandatory Quarantine from .....to.....  
Has completed the 14 days of follow up. Therefore he/she is allowed to proceed with  
other activities including further travel and or new accommodation location.

This certification has been made today the ..... Month of ..... 2020.

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**Name of Authorized Officer**

**Title**

**Signature**

**Date**